



Care environments: Garden

1. Outdoor dining area - **Principle 8:** Provide for alfresco cooking and seating areas to encourage outdoor dining.
2. Fruit Orchard - **Principle 5 and 7:** Create an opportunity to grow fruits, vegetables or herbs.
3. Raised herb garden - **Principle 5:** A herb garden is an effective way to provide sensory stimuli in the environment.
4. Water feature - **Principle 5:** Water features can add an extra sensory dimension to the garden.
5. Camouflaged secure entry - **Principle 4:** Entry points and boundary fences can be camouflaged with planting and made to blend in with the plants so that it is unobtrusive. This will minimise the feeling of being contained.
6. Men's Shed - **Principle 4 and 5:** An accessible shed enables people to continue pursuing hobbies and retaining skills they may have used for most of their lives. Engagement should cater for the goals and interests of the individual to promote independence, identity and confidence through meaningful activity in a safe environment.
7. Chicken coop - **Principle 5 and 7:** Provide opportunities to care for animals to reduce feelings of helplessness and provide meaningful engagement.
8. Raised vege garden - **Principle 5 and 7:** Create an opportunity to grow vegetables or herbs in raised accessible garden beds.
9. Plants to attract birds and wildlife - **Principle 5:** Attract birds and wildlife into your garden through features such as bird baths and feeders and by planting flora and fauna which attract butterflies and birds. Such plants include Bottlebrush and Grevillea.
10. Planting - **Principle 1:** Select plants carefully as there are many varieties that are poisonous when in contact with the skin or ingested. Ensure plants chosen supply a year round floral display. Choose plants with different sensory qualities and position appropriately.
11. Bench seating and gazebo - **Principle 8:** Bench seating - Ensure there are shaded areas to relax and sit comfortably. Gazebo - Provide weather proof sitting areas for a minimum of three people with sensory features nearby.
12. Outdoor musical instruments - **Principle 5:** Outdoor musical instruments provide multisensory engagement.
13. Hills hoist - **Principles 4, 5 and 6:** Having a Hills Hoist or clothes line accessible encourages familiar and meaningful engagement opportunities in the garden.
14. Outdoor seating near entry - **Principle 1:** Position outdoor seating near the house to ensure a sense of safety and security.
15. Aviary - **Principle 5:** An aviary introduces sensory delight into the environment, stimulating interest and engagement. Position an aviary in sight of seating areas.
16. Garden paths - **Principles 2, 3 and 6:** Ensure safe and clear pathways within the garden considering overhanging branches, plants with thorns, moss, mould, uneven or broken pavers or loose gravel. Consider using poured concrete for pathways. This ensures a smooth and even surface that is less likely to move like conventional pavers.
17. Children's Play Area - **Principle 8:** Consider including a children's play area to encourage interaction and engagement with family and local schools or playgroups.