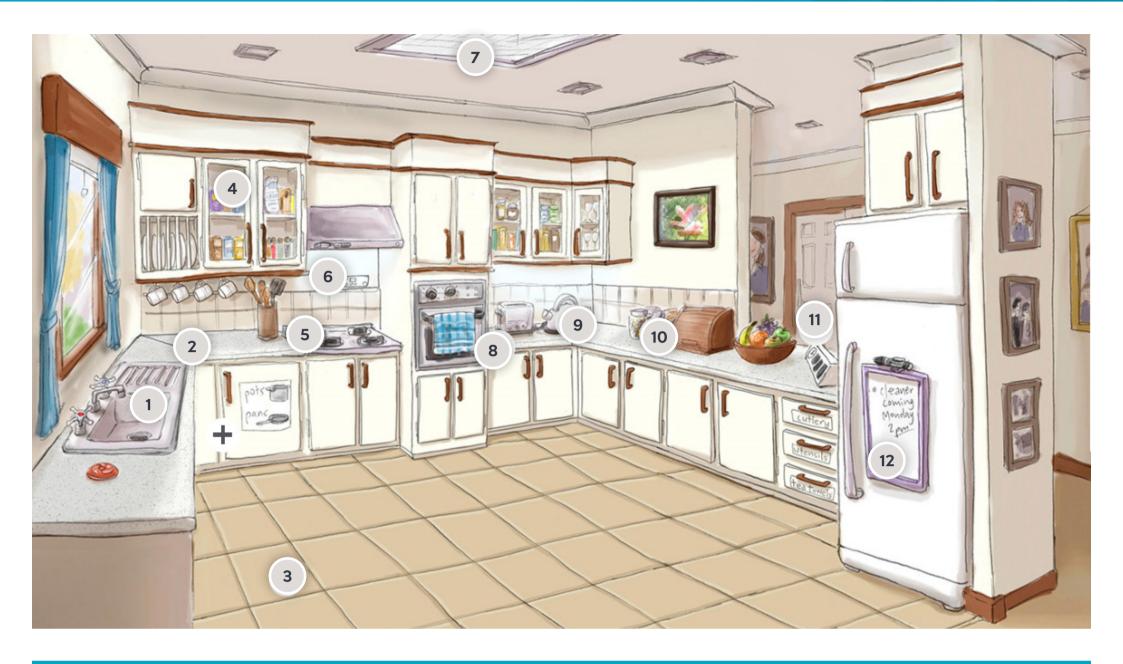


alzheimer'swa Dementia Enabling Environments™



## Adapt a home: Kitchen

- Principle 7: Use fixtures such as cross-head taps which are more familiar to the person living with dementia, rather than mixer taps.
  Principle 1: Water flow monitors, flood detectors and pressure activated plugs can help reduce the incidences of flooding and water-related slips and falls.
- 2. Principle 7; Principle 10: Provide opportunities for familiar and meaningful engagement such as drying and storing the dishes away after a meal.

induction cook-top. This enables the person living with dementia to continue to be an active participant in the household. Other safety devices include a safety cut off switch on the main power board, stove isolation switches safety electrical cords, gas detectors and gas cut-off switches.

- 6. Principle 1: Devices can be installed to adapt a conventional cook-top and make it safer. For example, a stove guard is a motion detector that automatically turns off the stove if the person moves
- 9. Principle 7: If a kitchen appliance such as a kettle needs to be replaced, ensure that it is substituted with a similar kettle that looks and works in a way that is familiar to the person living with dementia.
- 10. Principle 3: Frequently used items should be placed on the kitchen bench top or open shelf. Principle 10: Provide an opportunity for domestic activities like making a cup of tea.
- 11. Principle 3: Kitchen servery

- 3. Principle 1: To ensure safety in the kitchen ensure that tiles are non-slip or use a non-slip treatment on ordinary tiles to make them slip resistant.
- 4. Principle 3: See-through cabinets and open shelving allow for the quick and easy location of items inside kitchen cupboards.
- 5. Principle 1: If a conventional cooktop is proving to be a hazard, consider replacing it with a safer,

away from it.

- 7. Principle 5: Bring daylight into the space to ensure bright, even lighting (a minimum general light level of 600 lux).
- 8. Principle 7; Principle 10: Provide opportunities for familiar and meaningful engagement such as drying and storing the dishes away after a meal. Principle 3: Be mindful of not creating a fire hazard.

provides a line of sight from kitchen to bedroom. Promotes inclusiveness if person is restricted to bedroom.

12. Principle 3: A whiteboard can be used to note what is in the fridge or pantry and can also be used for shopping lists, reminders and important messages.

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