

# Create an enabling home environment



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# 10 simple dementia enabling environmental principles in support of a person living with dementia



1. Unobtrusively reduce risks



2. Provide a human scale



3. Allow people to see and be seen



4. Reduce unhelpful stimulation



5. Optimise helpful stimulation



6. Support movement and engagement



7. Create a familiar place



8. Provide a variety of places to be alone and with others



9. Provide a variety of places to be alone and with others - in the community



10. Design in response to the vision for way of life

## Reference:

Fleming R, Bennett K A, Dementia Training Australia's Environmental Design Resources. February 2017.

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