



## Create an enabling care environment

10 simple dementia enabling environmental principles in support of a person living with dementia



**Unobtrusively reduce risks** 



Provide a human scale



Allow people to see and be seen



Reduce unhelpful stimulation



Optimise helpful stimulation



Support movement and engagement



Create a familiar place



Provide a variety of places to be alone and with others - in the unit



Provide a variety of places to be alone and with others - in the community



Design in response to the vision for way of life