Dementia
Enabling Environments
www.enablingenvironments.com.au

BATHROOM

ALZHEIMER'S RESTRICTS
AUSTRALIA ENABLES

1

BATHROOM ENTRY

Principle #3: Keep the door open and ensure unobstructed sight lines from the bed to the toilet. This will allow for the bathroom to be located easily.

Principle #3: To allow for the door handle to be located easily, ensure that the colour of the door handle contrasts with the colour of the door.

Principle #1: Ensure that doors are unlockable from the outside.

2

TOILET SEATS

Principle #3: Use a coloured toilet seat that contrasts with the toilet, to ensure that it can be seen easily.

3

COMFORT

Principle #5: Create a warm and inviting bathroom. Carefully consider colour and textures to add warmth and sensory variety to the space. For example, soft towels in warm colours.

Principle #5: Heat lamps can be installed to keep the bathroom warm even in winter.

4

SAFETY

Principle #1: Install a recessed track for a ceiling hoist (that runs continuously from the bed to the bathroom) to ease the transfer of immobile people and reduce the risk to care workers.

5

LIGHTING:

Principle #3; Principle #6: Make locating the toilet at night easier by using a Passive Infra-Red (PIR) light which detects movement and turns on automatically when someone enters the bathroom.

Ensure even lighting and check that the bathroom is adequately lit. Find out more about lighting at www.enablingenvironments.com.au/CareEnvironments/Lighting