



GARDENS AND NATURE: CREATING A CARE ENVIRONMENT GARDEN

1) OUTDOOR DINING AREA

Principle #8: Provide for alfresco cooking and seating areas to encourage outdoor dining.

2) FRUIT ORCHARD:

Principle #5; Principle #10: Create an opportunity to grow fruits, vegetables or herbs. (See the Gardens and Nature info page on "Edible Gardens")

3) RAISED HERB GARDEN

Principle #5: A herb garden is an effective way to provide sensory stimuli in the environment. (See the Gardens and Nature info page on "Sensory Planting")

4) WATER FEATURE

Principle #5: Water features can add an extra sensory dimension to the garden. (For more ideas see the Gardens and

Nature info page on "Sensory Gardens")

5) CAMOUFLAGED SECURE ENTRY

Principle #4: Entry points and boundary fences can be camouflaged with planting and made to blend in with the plants so that it is unobtrusive. This will minimise the feeling of being contained (See the Gardens and Nature info page on "Access Into")

6) MEN'S SHED

Principle #10: An accessible shed enables people to continue pursuing their hobbies and retain skills they may have used for most of their lives. Ensure that activities are catered to the individual. It can promote independence, identity and confidence through meaningful activity in a safe environment. (See the Gardens and Nature info page on "Men's Shed")

7) CHICKEN COOP

Principle #10: Provide opportunities to care for animals to reduce feelings of helplessness and provide meaningful engagement (See the Gardens and Nature info page on "Animals")

8) RAISED VEGE GARDEN

Principle #5 ; Principle #10: Create an opportunity to grow vegetables or herbs in raised accessible garden beds (See the Gardens and Nature info page on "Edible Planting")

9) PLANTS TO ATTRACT BIRDS AND WILDLIFE

Principle #5: Attract birds and wildlife into your garden through features such as bird baths and feeders and by planting flora and fauna which attract butterflies and birds. Such plants include Bottlebrush

and Grevillea (See the Gardens and Nature info page on “Animals”)

10) PLANTING:

Principle #1: Select plants carefully as there are many varieties that are poisonous when in contact with the skin or ingested (See the Gardens and Nature info pages on “Dangerous Planting”; and “Safety”)

Ensure plants chosen supply a year round floral display.

Choose plants with different sensory qualities and position appropriately. (See the Gardens and Nature info page on “Sensory Planting”)

11) BENCH SEATING

Principle #8: Ensure that there are shaded areas to relax and sit comfortably.

GAZEBO

Principle #8: Provide weather proof sitting areas for minimum three people with

sensory features near by. (See the Gardens and Nature info page on “Seating”)

12) OUTDOOR MUSICAL INSTRUMENTS:

Principle #5: Outdoor musical instruments provide multisensory engagement and can act as landmarks to aid orientation (See the Gardens and Nature info page on “Sensory Gardens”)

13) HILLS HOIST:

Principle #10: Having a Hills Hoist or clothes line accessible encourages familiar and meaningful engagement opportunities in the garden (See the Gardens and Nature info page on “Activities”)

14) OUTDOOR SEATING NEAR ENTRY

Principle #1: Position outdoor seating near the house to ensure feelings of safety and security (See the Gardens and Nature info page on “Seating”).

15) AVIARY

Principle #5: An aviary introduces sensory delight into the environment,

stimulating interest and engagement. Position an aviary in sight of seating areas. (See the Gardens and Nature info page on “Animals”)

16) GARDEN PATHS:

Principle #3; Principle #6: Ensure safe and clear pathways within the garden considering overhanging branches, plants with thorns, moss, mould, uneven or broken pavers or loose gravel.

Consider using poured concrete for pathways. This ensures smooth and even paths that don't lift or move like conventional pavers (See the Gardens and Nature info pages on “Paths”; and “Safety”)

17) CHILDREN'S PLAY AREA

Principle #8: Consider including a children's play area to encourage interaction and engagement with family and local schools/playgroups.

